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Contentment comes independent from your circumstances.

Philippians 4:11b-12 (NIV) “I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.”

TO EXPERIENCE REAL CONTENTMENT...

1. LEARN TO AVOID COMPARISONS

Philippians 4:11b (NIV) “I have learned to be content whatever the circumstances.”

2 Corinthians 4:18 (TLB) “So we do not look at what we can see right now, the troubles all around us, but we look forward to the joys in heaven which we have not yet seen. The troubles will soon be over, but the joys to come will last forever.”

Misconceptions: To Be Happy You Must...

- **HAVE** what others have.
- **BE LIKED** by everyone.
- Have **MORE** than you have now.

1 Timothy 6:6-8 (NIV) “But godliness with contentment is great gain.”

Three Kinds of Circumstances in Life:

- Those you can control and **DO**.
- Those you can control but **DON'T**.
- Those you **CANNOT** control.

Romans 12:18 (NIV) “If it is possible, as far as it depends on you, live at peace with everyone.”

The key to adjusting is a SENSE of HUMOR

3. LEARN TO DRAW ON CHRIST'S POWER

Philippians 4:13 (NIV) “I can do all this through Him who strengthens me strength.”

Philippians 4:13 (AMP) “I can do all things which He has enabled me to do through Him who strengthens and empowers me to fulfill His purpose—I am self-sufficient in Christ’s sufficient grace, ready for anything and equal to anything through Him who supplies me with inner strength and confident peace.”

2 Corinthians 12:9a (NIV) “But He said to me, ‘My grace is sufficient for you, for My power is made perfect in weakness.’”

4. LEARN TO TRUST GOD TO MEET YOUR NEEDS

Philippians 4:19 (NIV) “And my God will meet all your needs according to the riches of His glory in Christ Jesus.”

Matthew 6:31-33 (NIV) “So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For these things pagans run after. But your heavenly Father knows what you need before you ask Him.”